Intent	Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Under pinning their personal development are important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interactions with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.		
Key vocabulary to be used	Good morning, good afternoon, please, thank you, hello, goodbye, feeling, emotion, difference, similar, choice, rules, boundaries, safe, helping, caring, kind, happy, sad, angry, mad, excited, worried, calm, friendship, confident, resilient, understanding, independence, deep breathing, curious		
Part one of communication and language			
Implementation PSED is developed throughout the year through:- • High quality interactions • Positive language • Purposeful conversations • Social snack times • Time together • Observation • Building strong relationships with child and parents and carers In all aspects of the nursery environment and continuous provision both indoors and out.	To find ways to calm themselves, through being calmed and comforted by adults they are familiar with Establish their sense of self Children express preferences and decisions Children engage with others through gesture and talk Children develop strategies for managing transitions in nursery Thrive as they develop self-assurance Play with increasing confidence on their own and with other children Feel strong enough to express a range of emotions Children grow in independence 'me do it' Children are beginning to develop skills in 'effortful control' Developing confidence in being able to talk about and manage their emotions Children begin to notice and ask questions about differences Develop friendships with other children Safely explore emotions beyond their normal range through play and stories To begin to talk about their feelings Children learn to use the toilet with support Begin to develop food likes and dislikes Be encouraged to try a wider range of different foods and textures	Children are developing ways to self-regulate themselves Begin to become confident in recognising who there are as a person Children confidently express own preferences and make good decisions Begin to play with one or more other children, extending and elaborating play ideas To begin to find solutions to conflicts and rivalries Children to develop their sense of responsibility and membership of a community Become more outgoing with unfamiliar people in the safe context of the nursery Begin to show more confidence in new social situations Increasingly follow rules understanding why they are important Begin to remember rules without needing an adult to remind them Developing appropriate ways of being assertive Talk with others to solve conflicts Talk about their feelings using words like 'happy', 'sad' 'angry' or 'worried' Understand gradually how others might be feeling Select and use activities and resources, with help when needed. This helps them achieve a goal they have chosen, or one which is suggested to them	I can self-regulate myself I am confident at recognising who I am I can express my own preferences and make good decisions I can play with one or more children, extending and elaborating play ideas I can find solutions to conflict and rivalries I have a sense of responsibility and membership of a community I am outgoing with unfamiliar people in a the safe context of nursery I am confident in new social situation I can follow rules and understand why they are important I can remember rules I can be assertive I can talk with others to resolve conflicts I can confidently talk about my feelings I am developing my understanding of how others might feel I can select and use activities and resources to help me achieve the goal I have chosen or one that is suggested to them I can be increasingly independent at meeting my own care needs Make healthy choices about food and drink

		Children use the toilet independently Enjoy a wide variety of different foods and textures	