



LIVE IT
LITTLE LIVE ITS

**DERBY
COUNTY
COMMUNITY
TRUST**



Is your child a bit of a fussy eater? Could you do with some ideas for quick and simple healthy meals? Would you like some easy and fun ways to get all of your family to move more? Then come along to 'Little Live Its' a new 6-week programme for parents at Becket Family Hub.

Where? Becket Family Hub, 35 Stockbrook Street, Derby, DE22 3WR

When? Starts on Tuesday, 27th of February, from 2:00 pm to 3:00 pm - for 6 weeks

Anything else I need to know? This is a session for parent/carers of children aged between 2 and 4 (*please let us know if you're bringing your child and their age*)

Cost? Free

If you'd like to take part, please come into the centre to book or ring on 01332 640250 to secure your place.