## Whitecross Nursery School



## Introducing Chef Paul Varney

Central Nursery has recently developed its own on-site kitchen, where they can produce seasonal, home-cooked food with locally sourced, quality ingredients for Central, Ashgate and now Whitecross nurseries. Our food is the energy keeping our children going so they can learn, grow, develop and play with the right fuel inside them.

Our chef, Mr Paul Varney, is fully qualified with over 20 years' experience, working in restaurants, at QMC hospital and for Derby University hospitality team. He was the driving force behind the plot to plate initiative with a National Trust setting, which worked with families to grow, harvest and cook with seasonal produce. As a father of a young daughter he knows only too well about the importance of a healthy diet for young children.

